



# EVERY DAY WITH ADHD

Celebrate Abiding  
disabilities

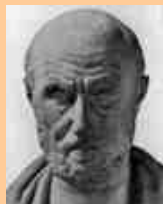
## Is ADHD New?

The behaviours and characteristic of ADHD have been documented for many years.

### Previous diagnostic terms

Defective Moral Control	(1902)
Restlessness Syndrome	(1920s)
Post-Encephalitic Behaviour Disorder	(1920s – 1930s)
Brain-Injured Child	(1940s)
Minimal Brain Damage	(1950s)
Minimal Brain Dysfunction	(1960s – 1970s)
Hyperactive Child Syndrome or Hyperkinetic Reaction of Childhood	(1960s)
Attention Deficit Disorder With or Without Hyperactivity	(1980)
Attention Deficit Hyperactivity Disorder & Undifferentiated Attention Deficit Disorder	(1987)
Attention Deficit Hyperactivity Disorder Three Subtypes:	
Predominantly Inattentive	
Predominantly Hyperactive Impulsive	
Combined Types	(1999)

### Or perhaps earlier?



2500 years ago, the great physician-scientist, **Hippocrates** described a condition that seems to be compatible with what we now know as ADHD.

He described patients who had.... "*quickened responses to sensory experience, but also less tenaciousness because the soul moves on quickly to the next impression*". Hippocrates attributed this condition to an "*overbalance of fire over water*". His remedy for this "*overbalance*" was "*barley rather than wheat bread, fish rather than meat, water drinks, and many natural and diverse physical activities*".

From Hippocrates: Aphorisms. In *The Genuine Works of Hippocrates* (Translated from greek by Fancis Adams).

# Is ADHD New?