



EVERY DAY WITH ADHD

Celebrate Abiding
disabilities



10 THINGS A PARENT NEEDS TO KNOW

You are the expert with your child.

Some parent's expectations of themselves are unrealistic and/or unnecessary.

Some parent's expectations of their children are unrealistic and/or unnecessary.

There are a range of approaches to parenting.

A relaxed parent is a better parent.

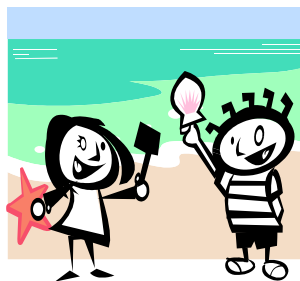
Confidence is the key to effectiveness.

Authority belongs to parents.

Discipline is action not words.

Accountability is your child's, not yours.

Look for the positive.



Parents Need to Know