



EVERY DAY WITH ADHD

Celebrate Abiding
disabilities

ADHD Workshop Series - PBM

Practical Behaviour Management Workshop

Workshop Length:	4 hours
Pre requisite:	Attendance at the 2 hour General Workshop.
Who should attend:	Parents, teachers, family support workers, counsellors

Summary

This session builds on the understandings and knowledge gained from the general workshop. It is a hands on, interactive learning session where specific behaviours and strategies are worked through to a personalised action plan. Each participant has the opportunity to take away a working behaviour management program that can be implemented immediately.

Workshop Outcome

This workshop is designed to provide participants with a greater understanding of the issues that impact the child's behaviour and learning. It will offer alternative teaching and behaviour intervention strategies and tools as well as the process and considerations necessary for the establishment of a practical and workable behaviour management plan. Participants will have the opportunity to leave having determined the goals for their environment as well as a working behaviour management plan for at least one child.

Provided

A workbook is provided which includes relevant worksheets to be used during the workshop as well as a copy to be taken away as a master sheet.

A copy of the book, *Every Day with ADHD*, as this includes the behaviour strategies and tools required for inclusion in the Behaviour Management Plan.

Pre requisite

Attendance at a 2 hour General Workshop which will provide the background and foundation upon which the behaviour management plan is based.

Workshop Outline

Participants will identify a child with ADHD/learning disabilities or challenging behaviours. The workshop will then cover the following topics and their application in relation to the identified child:

- The child's challenging behaviours, including present techniques and outcomes;
- Recognising and strategising the activities, characteristics and stimuli that impact a child's behaviour;
- What needs to be established before starting to manage the child;
- Management and strategies to implement for discipline and dealing with outbursts;
- How to apply the keys to both the child's behaviour and the behaviour management plan;
- Balancing the child's strengths and weaknesses.

Participants then have the opportunity to combine knowledge, understanding and practical approaches in the establishment of a holistic teaching and behavioural management program for the identified child.

Workshops can be designed to suit the needs of the participants and so may differ depending on the current level of knowledge and requirements for specific groups. All presentations are interactive.

Note: This workshop is also available for couples to attend (2 life partners, 2 parents or 2 family members)

Kerry Cooney
info@everydaywithadhd.com.au
www.everydaywithadhd.com.au

