



EVERY DAY WITH ADHD

Celebrate Abiding
disabilities

General Workshop

Kerry Cooney - author of the most comprehensive ADHD behaviour management book, *Every Day with ADHD*, and facilitator of parenting courses, workshops and seminars on ADHD for over 10 years.

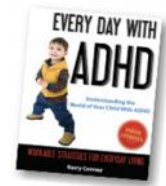
The presentations are designed to offer understanding and management keys to parents, teachers, and early childhood professionals, carers, in fact, any one who wants to understand and better manage the world of ADHD. Learn how to decrease angry and aggressive behaviour; reduce stress and anxiety; provide tools for the child's future; while giving recognition and encouragement to positive qualities.

Workshop Details (2 Hours)

Workshops can be designed to suit the needs of the participants and so may differ depending on the current level of knowledge and the environment from which they come.

1. Background *In brief (some knowledge assumed)*

- What ADHD refers to
- How it is diagnosed
- Does ADHD exist?
- Is it new?
- Is ADHD over diagnosed or misdiagnosed?
- Medication
- Diet



2. Bulk of presentation

- Basic Characteristics of ADHD and S
Identification of those aspects of each characteristic which are either overlooked or their effects underestimated. For example, the social aspect of a Specific Learning Disability
- The child's response
Links are drawn from the above characteristics to a possible outcome including outbursts
- Outbursts
An explanation is given for outbursts and how these may be decreased
- Activities
A small group activity is played designed to bring participants to a deeper understanding of the child's behaviour.
- Keys and Approaches
A number of keys and approaches to behaviour management are discussed along with the process for implementation
- The Difference
How to engage or reengage the individual. How to create real and lasting positive outcomes.

A few areas which make this information unique.

Points of difference for the workshop include:

- The information is supported by the explanations and strategies in *Every Day with ADHD*.
- It takes participants to a real and experienced level of understanding of the thought processes of the child.
- Builds, through a new perspective, a strong foundation for the implementation of a behaviour management program.
- Encourages adults to use the decision making process in order to build a behaviour management program.
- Offers an appreciation for the positives and strengths within each child and the benefits derived from enhancing these.

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